

## COVID - 19 RESOURCES 3/25/20

### **Governor DeSantis Updates** <https://www.flgov.com>

- Follow Governor Ron DeSantis Facebook for live press conferences and updates

### **Health Resources**

- Florida Department of Health- <https://floridahealthcovid19.gov/>
  - COVID-19 Call Center is available 24/7, 1 (866) 779-6121, [COVID-19@flhealth.gov](mailto:COVID-19@flhealth.gov)
  - What to know about COVID-19 in Florida

### **Mental Health Resources**

- Florida Department of Children and Families- <https://www.myflfamilies.com/>
  - News and updates for child care, mental health and substance abuse around Florida.
- National Suicide Prevention Lifeline- Call 1-800-273-8255, text MHFA to 741741 to talk to a Crisis Text Line counselor or visit <https://suicidepreventionlifeline.org/>
- Substance Abuse and Mental Health Services Administration's Disaster Distress Helpline- 800-985-5990
- Veterans Crisis Line- Call 1-800-273-8255 and press 1 or visit <https://www.veteranscrisisline.net/>
- Connections by CHESS Health App- A free, evidence-based mobile app proven to provide ongoing support and relapse prevention to people recovering from substance-use-disorders.
- 211 Helpline Florida- The United Way is aiding those who effected by the coronavirus pandemic. If you or somebody you know needs help, please reach out through calling, texting, chatting, or emailing. Call 2-1-1 or (352) 332-4636. Calling is available 24 hours a day, 7 days a week. Text your zip code to 898-211.
- Crisis Centers provide 24/7 free, confidential emotional support- Dial 211 or visit [crisiscenter.com](http://crisiscenter.com)
- National Council for Behavioral Health- <https://www.thenationalcouncil.org/>
  - COVID-19 behavioral health resources for the public and behavioral health organizations
- Mental Health First Aid- <https://www.mentalhealthfirstaid.org/>

- Advice on helping others, as well as ourselves, with depression, anxiety and other mental health disorders.

## Food Relief

- Meals for Kids-
  - Florida Department of Agriculture and Consumer Services partnered with 2-1-1 to create the resources. Floridians can text FLKIDSMEALS to 211-211 to find the closest participating Summer Break Spot location with meals available. Residents can also call 2-1-1 to speak with a live operator for additional information- <https://summerbreakspot.freshfromflorida.com/>
- Feeding Florida- <https://www.feedingflorida.org/>
  - Local food pantries may begin facing shortages as the coronavirus pandemic worsens. Feeding Florida features a way to donate to nonprofits and community-based organizations that provide food and other resources to our most vulnerable populations. Feeding Florida also allows those in need of food to search for their nearest food pantry.

## Elderly Assistance

- Elder Helpline Information and Assistance Service- Information regarding elder services and activities is available through the Elder Helpline Information and Assistance service within each Florida County. All Elder Helplines can be accessed at 1-800-96-ELDER (800-963-5337)
- Florida Department of Elder Affairs- <http://elderaffairs.state.fl.us/>
  - News, programs and resources for Florida's elderly population, the most effected by the virus.
- Senior Shopping Hours- Grocery stores around Florida have designated a special "Senior Hour" outside of their normal business hours to give those most vulnerable to the virus first access to food and necessities
  - Publix- Open for shoppers 65+ on Tuesday's and Wednesdays from 7am-8am
  - Whole Foods- Open to shoppers 60+ one hour before opening to the general public
  - Target- Will reserve the first hour of shopping each Wednesday for vulnerable guests
  - Walmart- Will open one hour early every Tuesday for shoppers 60+
  - Dollar General- Will dedicated the first hour of each day to seniors
  - Fresh Market- Will dedicate 8am-9am on Monday through Friday for seniors
- Long term care providers [https://www.fhca.org/facility\\_operations/coronavirus](https://www.fhca.org/facility_operations/coronavirus)

## Small Businesses

- [Florida Small Business Emergency Bridge Loan Program](https://floridadisasterloan.org/)- <https://floridadisasterloan.org/>
  - Short-term, interest free loan applications for small businesses.

## Tax Relief

- Tax day has been extended to July 15
  - Read more here: [www.irs.gov/coronavirus](http://www.irs.gov/coronavirus)

## Federal Resources

- [CDC Coronavirus Disease 2019](https://www.cdc.gov/coronavirus/index.html)- <https://www.cdc.gov/coronavirus/index.html>

Latest news and updates from the Center for Disease Control.
- [Department of Homeland Security](https://www.ready.gov/pandemic)- <https://www.ready.gov/pandemic>
  - Guidelines on pandemics and national security.
- [World Health Organization](https://www.who.int/emergencies/diseases/novel-coronavirus-2019)- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
  - Live international updates, advice and news.
- [White House](http://Whitehouse.gov)- [Whitehouse.gov](http://Whitehouse.gov)
  - President Donald Trump's Coronavirus Guidelines for America
- [CDC- Getting Your Home Ready](https://www.cdc.gov/coronavirus/2019-ncov/prepare/get-your-household-ready-for-COVID-19.html)- <https://www.cdc.gov/coronavirus/2019-ncov/prepare/get-your-household-ready-for-COVID-19.html>
  - Guidance on preparing households for the COVID-19 pandemic.

## Housing & Utilities

- [Mortgage flexibility](https://www.fanniemae.com/portal/media/corporate-news/2020/covid-homeowner-assistance-options-7000.html) <https://www.fanniemae.com/portal/media/corporate-news/2020/covid-homeowner-assistance-options-7000.html>
  - Federal regulators, through the mortgage giants Fannie Mae and Freddie Mac, are ordering lenders to offer homeowners flexibility.
- Power companies around Florida, such as Duke Energy, will not disconnect any customer's service for non-payment, in order to give customers experiencing financial hardship extra time to make payments. Power companies will continue to read meters and send bills. Customers should pay what they can to avoid building up a large balance that will be harder to pay off later.
- If you are unable to pay your mortgage due to the COVID-19 pandemic, talk to your mortgage lender about Home Loans Special Payment Forbearance and loan extensions to assist with suspending payments.

## Transportation

- Florida Department of Transportation- <https://www.fdot.gov/>
  - Follow for updates to Florida's public transportation system.
    - Toll fare will now only be paid by Sunpass or toll-by-plate

## Public Assistance & Employment

- Florida Public Assistance- <https://floridapa.org/>
  - Is accepting public assistance grant applications to those effected by COVID-19 until April 12, 2020
- United Way Community Economic Relief 1-866-211-9966
  - Help with bills, rent and food
  - Provide zip code and a list of local agencies will be provided
- SNAP <https://dcf-access.dcf.state.fl.us/access/scrflstartappl.do?performAction=init&showMensaje=true>
  - **Food assistance**
- Reemployment Assistance Benefits - [www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants](http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants)
  - Click on the Reemployment Assistance Service Center to learn more about applying for unemployment assistance.
- US Department of Labor- <https://www.osha.gov/SLTC/covid-19/>
  - Provides news, facts and resources about the coronavirus to employees.
- Information about filing for unemployment and reemployment resources- <https://www.stateofflorida.com/articles/florida-unemployment/>

## Education

- Florida Department of Education- <http://www.fldoe.org/em-response/index.shtml>
  - Issues daily updates on distant learning options and the extended Spring Break vacation.
- Resources for Families- <http://fldoe.org/em-response/resources-families.shtml>
  - Resources and private offers made available by the state of Florida and private companies to families during the extended spring break.

- [Department of Education- https://www.ed.gov/coronavirus](https://www.ed.gov/coronavirus)
  - Resources for students and school personnel on the coronavirus.

## Pet Care

- Humane Society- <https://www.humanesociety.org/>
  - Humane Societies around Florida are providing dog and cat food to the public through their food assistance programs listed on their website

## Price Gouging Call 1-866—9NO-SCAM

- To report price gouging go online [MyFloridaLegal.com](http://MyFloridaLegal.com)

## Facilities and Providers

- Florida's Behavioral Health Managing Entities:
  - Big Bend Community Base Care <https://www.bigbendcbc.org> Panhandle
  - LSF Health Systems <https://www.lsfnet.org/lsf-health-systems/> Northeast, North Central Florida
  - Central Florida Behavioral Health Network <https://www.cfbhn.org> Suncoast region
  - Central Florida Cares <http://centralfloridacares.org> Central Florida region
  - Southeast Florida Behavioral Health Network <https://www.sefbhn.org> Treasure Coast region
  - Broward Behavioral Health Coalition <https://bbhcflorida.org> Broward County
  - Thriving Minds <https://bbhcflorida.org> South Florida - Miami Date and Monroe Counties
- AHCE new website of all agency's guidance <http://ahca.myflorida.com/covid-19/alerts.shtml>
- National Council for Behavioral Health-Information and guidance for providers- <https://www.thenationalcouncil.org/covid19/>  
<https://www.thenationalcouncil.org/covid19/covid-19-member-resources/>
- Long term care providers [https://www.fhca.org/facility\\_operations/coronavirus](https://www.fhca.org/facility_operations/coronavirus)

## Informational Posters

- What your need to know about COVID-19-  
[https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/fact-sheet-\(english\).pdf?sfvrsn=6b2fd5d5\\_2](https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/fact-sheet-(english).pdf?sfvrsn=6b2fd5d5_2)
- What the public should do- [https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/what-should-the-public-do.pdf?sfvrsn=9f2fd5d5\\_2](https://www.floridaleagueofcities.com/docs/default-source/resources/coronavirus/what-should-the-public-do.pdf?sfvrsn=9f2fd5d5_2)
- COVID-19 Symptoms- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
- What to do if you are sick with COVID-19- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>
- Reemployment Assistance Frequently Asked Questions-  
<http://www.floridajobs.org/docs/default-source/ra-dua-documentation/dua-faqs-3-17-20-updates.pdf>